

M E N

Dr. Linde is an **international beauty expert** and an acclaimed keynote speaker at conferences all over the world. He is specialized in the **treatment of fat pads, wrinkles and transformations of the skin** with the latest, most innovative technologies. Dr. Linde trains doctors in his **international Academies** and enjoys passing on his knowledge as well as his experience in the field of aesthetics.

Every year, Dr. Linde performs approximately **700 vein surgeries, 650 liposuctions** and **2000 face treatments with botulinum toxin/filler**.



Contrary to popular belief, men are far more concerned with their appearance than they're willing to admit.

Not only are looks important for the personal well-being of an individual, scientific studies have shown that there is also a clear correlation between physical attractiveness as well as professional success.

Spending many hours every week working out isn't enough anymore for the "man of today". He also wants to smell good, look good and feel good. More and more men decide on aesthetic treatments: the percentage of men that visit us has been growing continuously, 35% of our patients are now men.

We look forward to your visit. It is our aim every day to exceed your expectations

A handwritten signature in black ink, consisting of the letters 'Nik. I. L.' in a stylized, cursive font.

Dr. Nikolaus Linde & his Team

EYELID SURGERY

This surgery – also known as blepharoplasty – is often requested in order to give the face a fresher and more youthful look.

FACIAL CORRECTION

Corrections of the ears, the nose, the chin or the entire face are the most common surgeries. In some cases, impressive results can be achieved using minimal-invasive treatments (fillers, botulinum toxin or autologous fat). In other cases, plastic surgery is inevitable.



BODY SCULPTURE

Resistant Fat Pads

Genetic and hormonal factors, as well as age and nutrition lead to diet-resistant fat pads. The liposuction is the most popular aesthetic treatment for men. Liposuctions nowadays are performed under local anesthesia so that the patient can return to work the next day. The most often requested areas include stomach, love handles (waist), chest and double-chin.

Sixpack

Many men hope for a so-called “sixpack”. If the patient has a normal weight and works out on a regular basis (muscle building), this wish can very soon become true. Using autologous fat, hyaluronic acid or applying a special technique during liposuction, a “sixpack during lunch break” is now reality.

MUSCLE FORMATION

Hyaluronic acid and autologous fat can often lead to results that are otherwise only feasible through weeks and weeks of physical training. Depending on the body zone, implants can also be inserted (if requested). The most popular treatments are augmentations of the calves, the chest muscles or the biceps.

SKIN TIGHTENING

Many men ask for skin tightening treatments in order to get a tighter butt, firmer arms and thighs as well as better abs.

HAIR TRANSPLANTATION

Hair loss in men often causes anxiety, stress as well as a drop in self-confidence. Hormonal treatments as well as hair transplantation using the newest technologies can both halt and reverse male hair loss.

PERMANENT HAIR REMOVAL

Many men are suffering from excessive body hair – especially on their chest and their back. New methods such as the IPL technology allow permanent hair removal through laser impulses, 4-6 treatments are usually enough for long-term results.

SPIDER VEINS

More and more men are bothered by their spider veins, laser technologies and foam sclerotherapy reach excellent aesthetic results.

SWEATING

Botulinum toxin can quickly and effectively help against excessive sweating.

REMOVAL OF TATTOOS

Youthful follies in the shape of tattoos can easily be removed without scars or risks thanks to the latest laser technologies.



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